



NUTRITION AND ALLERGEN INFORMATION

The nutritional and allergen information contained in our restaurants and on our website (www.portillos.com) were prepared by Nutritional Information Services (NIS). To create this information, we compiled ingredient lists, allergen listings, and nutritional data from our suppliers and distributors. We also conducted food tests using a nutrition analysis software program. The information contained here is intended to serve as a guide for personal use – it is not a guarantee. This is our best effort to inform our valued customers about the contents of our food.

About Our Nutritional Information: Our nutritional information is meant to provide an estimate of the nutritional values associated with our menu items. Actual nutritional values for any given menu item may vary from the values listed here due to variations in product preparation, serving sizes, the fact that our menu items may be customized, the season of the year, sources of supply, and/or ingredient substitutions by our suppliers and distributors. Therefore, we cannot guarantee that the nutritional information provided here or at our restaurant locations is completely accurate as it relates to every menu item. Please note that customization of your order may affect the accuracy and/or completeness of the nutritional information provided.

Portillo's assumes no responsibility for errors in labeling or changes in the chemical or constituent composition of ingredients or prepared products used in recipes and menu items that are the direct or indirect result of the actions of the suppliers, distributors and purveyors of the ingredients and products used.

About Our Allergen Information: It is important to note that many allergens are present in our restaurants, including milk, egg, fish, peanut, tree nut, shellfish, soy, sesame and wheat.

At Portillo's, we empathize with the challenges facing the families of people who have food allergies and who need to manage dietary sensitivities in their lives. When placing your order, please alert our order taker and manager to your food allergies or dietary restrictions.

Because we do not have separate kitchen equipment dedicated for the preparation of allergen-based food requests, foods may come into contact with one another during preparation, which is not reflected on the nutritional chart. Please consult your healthcare provider to determine the types of precautions you should take before enjoying any of our menu items. If you have questions about the nutrition and allergen information, please reach out to Guest Services at guestservices@Portillos.com.

March 2024





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We understand that some of our guests have food sensitivities and allergies. We want to provide you with the information you need to enjoy Portillo's wonderful food. Please note that our suppliers may change the formulation or substitute ingredients without notice. In addition, our products may come in contact with food allergens. Please visit portillos.com/nutrition for our most recent updates.

Portillo's does not assume any liability for reactions to food consumed. Please consult your healthcare provider to determine the types of precautions you should take before enjoying any of our menu items.

Fish and Seafood: Our fried fish and fried chicken products share a fryer. Because of this, we cannot guarantee that your fried chicken sandwich has not come into contact with fish. Please take this into consideration when ordering fried chicken if you have a seafood allergy.

Gluten:

Fries: Our French fries are gluten-free and are cooked in their own designated fryer. However, the equipment used to filter the oil in the French fry fryer is shared with the fryers responsible for frying items that do contain gluten. Please take this into consideration when ordering French fries if you are sensitive to gluten.

Shakes: Our cake contains gluten and is mixed to create cake shakes with the same equipment we use for all shake flavors. We do not have a designated shake machine for cake shakes. Please take this into consideration when ordering shakes if you are sensitive to gluten.

Oil: Our French fries and onion rings are cooked in a blend of vegetable oil and beef tallow.

Pork: The following menu items contain pork: Italian Sausage, Polish Sausage, Maxwell St Polish Sausage, Combo Sandwich, Combo Bowl, Italiano Bowl, Meatball Sandwich, Meatball with Sauce & Cheese, Side of Meatballs, Bacon, Barnelli's Italian Sausage, Barnelli's Meatball, Penne Ala Vodka, Ribs, Chopped Salad.



HOT DOGS · BEEF · BURGERS · SALADS

NUTRITION AND ALLERGEN INFORMATION

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
BEEF & SAUSAGE SANDWICHES																												
Beef N Cheddar Croissant	670	370	41	19	0	91	928	44	1	6	31	412	0	273	3			•	•	•			•			•		
Char-Grilled Italian Sausage	660	301	33	12	0	80	2014	62	0	5	26	5	0	142	2				•	•			•				•	
Italian Beef Sandwich																												
Regular Sandwich	690	308	34	14	0	81	1237	59	0	2	33	17	0	153	2				•	•			•				•	
Big Beef Sandwich	1040	461	51	21	0	122	1856	88	0	3	50	25	0	230	4				•	•			•				•	
Italian Beef and Sausage Combo	860	445	49	19	0	120	2272	63	0	5	38	14	0	158	3				•	•			•				•	

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
PORTILLO'S BOWLS																												
Chicago Combo Bowl	760	527	59	23	0	178	1380	4	0	3	51	5	0	64	4				•									
Classic Beef Bowl	440	284	32	13	0	103	230	0	0	0	35	5	0	44	3				•									
Italiano Bowl	590	399	44	17	0	121	1060	9	2	2	38	228	1	130	3	•		•	•	•			•				•	

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
HOT DOGS																												
Chili Cheese Dog																												
Regular	500	266	30	14	0	73	1669	36	1	5	21	956	1	349	2			•	•			•				•	•	
Jumbo	610	356	40	18	0	98	2159	37	1	6	27	956	1	349	3			•	•			•				•	•	
Hot Dog with Everything																												
Regular	340	134	15	5	0	30	1560	39	2	13	12	87	2	68	2				•					•			•	
Jumbo	450	224	25	9	0	55	2050	40	2	14	18	87	2	68	3				•					•			•	
Maxwell Street Polish	570	354	39	13	0	88	1886	32	1	7	25	1	32	54	3				•								•	
Plant-Based Garden Dog*	320	107	12	1	0	0	1432	44	2	13	10	88	2	80	3				•					•			•	

*Contains pea protein

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

MENU ITEMS	NUTRITION															ALLERGENS												
BURGERS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
	Bacon Burger																											
Single	700	337	37	12	0	129	1371	46	2	6	42	186	2	110	5	•				•							•	•
Double	980	502	56	19	0	223	1897	46	2	6	69	186	2	134	8	•				•							•	•
Brioche Bacon Burger (Select Locations)																												
Single	690	355	39	12	0	129	1281	40	1	9	40	186	2	80	5	•		•		•							•	•
Double	960	520	58	19	0	223	1807	40	1	9	67	186	2	104	7	•		•		•							•	•
Hamburger																												
Single	570	238	26	8	0	99	1325	47	2	7	34	226	3	104	5	•				•							•	
Double	900	453	50	15	0	198	1888	47	2	7	61	226	3	129	7	•				•							•	
Brioche Hamburger (Select Locations)																												
Single	570	238	26	8	0	99	1325	47	2	7	34	226	3	104	5	•		•		•							•	•
Double	900	453	50	15	0	198	1888	47	2	7	61	226	3	129	7	•		•		•							•	•
Rodeo Burger																												
Single	790	388	43	17	0	145	2195	65	1	18	46	400	1	234	5					•			•	•		•	•	
Double	1160	617	69	28	0	259	3101	67	1	18	76	800	1	408	7					•			•	•		•	•	
Slice of American Cheese	90	63	7	5	0	20	380	2	0	0	4	400	0	150	0					•			•					

MENU ITEMS	NUTRITION															ALLERGENS												
CHICKEN & FISH	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
	Breaded Chicken Sandwich	600	228	25	5	0	85	2058	60	1	9	30	186	2	78	4	•				•							•
Broiled Chicken Sandwich	400	150	17	4	0	80	769	36	1	8	26	186	2	72	3	•				•							•	•
Chicken Tenders, 4 Piece	340	147	16	3	0	60	961	24	0	0	24	0	2	0	1	•				•							•	
Chicken Tenders, 6 Piece	510	221	25	5	0	90	1442	36	0	0	36	0	4	0	2	•				•							•	
Chicken Tenders, 20 Piece	1690	736	82	16	0	300	4807	120	0	0	120	0	12	0	7	•				•							•	
Spicy Chicken Sandwich	520	155	17	6	0	70	1558	60	2	8	29	186	2	79	4		•	•		•			•			•	•	
Breaded Fish Sandwich	710	385	43	15	0	87	1236	55	1	7	23	507	1	254	3	•	•	•		•			•			•	•	

MENU ITEMS	NUTRITION															ALLERGENS												
SALADS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
Chicken Pecan Salad with Bacon																												
without dressing	620	380	42	12	0	139	1166	15	5	4	46	2140	27	226	3	•	•									•		
with dressing	910	632	70	16	0	161	1666	23	5	4	46	2140	29	246	3	•	•									•		
Chopped Salad																												
without dressing	510	183	20	11	0	135	1462	37	6	8	42	6089	59	247	4		•		•								•	
with dressing	850	489	54	16	0	135	1962	45	6	14	42	6089	59	287	4		•		•					•		•		
Classic Caesar Salad																												
without dressing	230	106	12	3	0	218	299	16	4	3	13	10226	41	168	2	•		•		•							•	
with dressing	570	430	48	7	0	240	671	18	4	3	15	10226	41	248	3	•	•	•		•			•	•		•		
Classic Caesar Salad with Grilled Chicken																												
without dressing	360	111	12	3	0	201	855	18	4	2	38	10080	41	166	3	•		•		•							•	
with dressing	700	588	65	9	0	228	1275	24	4	5	42	10080	42	294	4	•	•	•		•			•	•		•		
Greek Salad with Chicken																												
without dressing	340	143	16	5	0	80	1130	15	7	6	27	9400	51	139	3			•							•			
with dressing	615	395	44	9	0	80	1554	23	7	10	27	9400	53	139	4			•		•					•			
Spicy Chicken Chopped Salad																												
without dressing	740	304	34	13	0	135	2336	62	7	8	45	7472	67	249	5				•						•		•	
with dressing	1080	610	68	18	0	135	2836	70	7	14	45	7472	67	289	5				•						•		•	

MENU ITEMS	NUTRITION															ALLERGENS												
SALAD DRESSINGS & SAUCE	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
BBQ Sauce	38	4	1	0	0	0	395	9	0	8	0	0	0	0	0						•		•	•		•		
Caesar Dressing	340	324	36	4	0	22	372	2	0	0	2	0	0	80	0	•	•	•		•			•	•		•		
Roasted Garlic Vinaigrette	250	252	28	5	0	0	440	0	0	0	0	0	0	0	0					•				•				
Honey Mustard Sauce	195	149	17	3	0	23	210	11	0	9	0	0	0	15	0	•								•				
Hot Giardiniera Sauce	90	45	5	3	0	0	170	2	0	1	0	0	0	3	0		•	•						•				
House Dressing	340	306	34	5	0	0	500	8	0	6	0	0	0	40	0									•				
Lite Italian Dressing	80	60	7	1	0	0	507	4	0	3	0	0	0	0	0									•				
Ranch Dressing	130	126	14	3	0	10	292	1	0	0	0	0	0	20	0	•		•	•									

MENU ITEMS	NUTRITION															ALLERGENS														
SIDE ORDERS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTON	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS			
	Cup of Original Chili with Cheese and Onion	430	184	20	9	0	58	1764	42	7	6	22	1802	6	269	3			•		•			•						
	Chili Cheese Fries	450	239	27	10	0	23	1151	46	5	4	11	844	12	78	2			•					•						
	Chicken Noodle Soup	140	23	3	1	0	38	988	15	1	3	14	625	2	25	0	•		•		•			•				•		
	French Fries, Small	380	179	20	8	0	9	111	47	5	0	5	0	15	0	2														
	French Fries, Large	530	254	28	12	0	13	158	67	7	0	7	0	21	0	3														
	French Fries, Jumbo	2650	1270	140	60	0	65	790	335	35	0	35	0	105	0	15														
	Fresh Baked House Bread	480	14	2	0	0	0	1110	99	3	0	18	0	0	120	1					•							•		
	Garlic Bread	680	396	44	18	0	0	960	61	0	2	10	0	0	126	1					•			•				•		
	Cheesy Garlic Bread	860	522	58	27	0	40	1340	63	0	2	22	400	0	426	1			•		•			•				•		
	Meatball with Sauce and Cheese	330	213	24	9	0	54	836	11	3	2	20	518	6	149	1	•		•		•			•				•		
	Onion Rings Small	320	60	7	2	0	6	763	59	0	5	6	0	0	28	2			•		•								•	
	Onion Rings Large	480	90	10	3	0	9	1145	89	0	7	9	0	0	42	2			•		•								•	
	Onion Rings Jumbo	2400	550	60	20	0	45	5915	470	10	50	45	0	30	245	10			•		•								•	
	Side Garden Salad (no dressing)	170	74	8	3	0	13	256	16	2	3	7	2665	22	114	1					•				•			•	•	
	Side of Meatballs	310	190	21	7	0	47	902	13	3	4	20	503	9	158	1	•		•		•			•				•		
Tamale in Cup of Chili	540	281	31	14	0	71	1348	43	4	3	22	1463	4	238	3			•				•								
Tamale	340	153	17	6	0	30	1020	36	3	1	11	500	1	20	3															

MENU ITEMS	NUTRITION															ALLERGENS															
ADD-ONS & CONDIMENTS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTON	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS				
	Add Bacon	100	80	9	3	0	30	91	0	0	0	7	0	0	0	0															
	Barnelli's Add Chicken	130	36	4	1	0	55	390	2	0	0	21	0	0	0	1															
	Barnelli's Add Italian Sausage	280	211	23	8	0	55	956	0	0	0	18	223	0	22	1															
	Barnelli's Add Meatball	310	190	21	7	0	47	902	13	3	4	20	503	9	158	1	•		•		•			•				•			
	Regular Cheese Sauce	135	81	9	3	0	8	555	9	0	0	2	0	0	90	0			•												
	Jumbo Cheese Sauce	540	324	36	12	0	32	2220	36	0	0	8	0	0	360	0			•												
	Hot Peppers	50	41	5	1	0	0	100	2	0	1	0	500	12	0	0													•		
	Side of Gravy	120	119	13	6	0	14	431	1	0	0	0	16	0	5	0															
	Sweet Peppers	40	36	4	1	0	0	304	2	1	1	0	127	25	7	0															
	Slice of American Cheese	90	63	7	5	0	20	380	2	0	0	4	400	0	150	0			•					•							

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MENU ITEMS	NUTRITION															ALLERGENS												
BARNELLI'S ENTREES & RIBS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
	Baked Mostaccioli																											
without Sauce	1080	457	51	28	0	137	2489	105	8	12	55	1267	0	1133	5			•	•									•
with Marinara Sauce	1440	624	69	38	0	195	3270	126	9	12	81	2186	0	2061	6			•	•									•
with Meat Sauce	1400	562	62	33	0	187	3372	130	9	15	83	2186	0	1992	7			•	•									•
Fettuccine Alfredo	1890	924	103	60	0	295	2889	154	6	11	95	2133	0	2414	6			•	•									•
Mostaccioli Large																												
without sauce	760	103	11	5	0	21	446	137	6	3	32	213	0	321	6			•	•									•
with Marinara Sauce	1030	216	24	8	0	54	2450	165	12	20	42	213	0	413	9			•	•									•
with Meat Sauce	1090	309	34	16	0	66	2297	158	12	16	40	213	0	516	8			•	•									•
Mostaccioli Small																												
without Sauce	510	92	10	5	0	21	413	84	4	2	23	213	0	320	4			•	•									•
with Marinara Sauce	690	167	19	7	0	43	1749	103	8	13	30	213	0	382	6			•	•									•
with Meat Sauce	730	229	25	12	0	51	1647	99	8	10	28	213	0	450	5			•	•									•
Penne All Arrabbiata	1170	535	59	19	0	61	2451	126	11	13	34	496	4	548	7			•	•									•
Rigatoni Ala Vodka	2330	1362	151	88	0	425	1744	193	11	9	54	3627	0	754	9			•	•									•
Spaghetti Large																												
without Sauce	760	103	11	5	0	21	446	137	6	3	32	213	0	321	6			•	•									•
with Marinara Sauce	1030	216	24	8	0	54	2450	165	12	20	42	213	0	413	9			•	•									•
with Meat Sauce	1090	309	34	16	0	66	2297	158	12	16	40	213	0	516	8			•	•									•
Spaghetti Small																												
without Sauce	510	92	10	5	0	21	413	84	4	2	23	213	0	320	4			•	•									•
with Marinara Sauce	690	167	19	7	0	43	1749	103	8	13	30	213	0	382	6			•	•									•
with Meat Sauce	730	229	25	12	0	51	1647	99	8	10	28	213	0	450	5			•	•									•
Ribs																												
Full Slab	1020	542	60	22	0	194	3884	78	0	70	39	27	0	79	2					•			•	•			•	
Half Slab	510	271	30	11	0	97	1942	39	0	35	19	13	0	39	1					•			•	•			•	
Meatball Sandwich	1050	509	57	21	0	127	3018	83	7	7	57	1231	13	630	7	•	•	•				•					•	

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTON	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
NUDIES																												
Breaded Chicken	310	107	12	2	0	65	1680	26	0	1	23	0	0	13	2					•						•		
Breaded Whitefish	250	119	13	5	0	40	430	17	0	0	12	0	0	30	1		•			•						•		
Burger Patty	280	165	18	7	0	94	526	0	0	0	27	0	0	25	3													
Char-Broiled Chicken	130	36	4	1	0	55	390	2	0	0	21	0	0	0	1													
Char-Grilled Italian Sausage	320	243	27	10	0	75	1150	4	0	3	16	0	0	20	1													
Char-Grilled Polish Sausage	400	315	35	13	0	88	1450	3	0	3	20	0	30	0	2													
Hot Dog	150	108	12	5	0	30	480	2	0	1	7	0	0	0	1													
Jumbo Hot Dog	260	198	22	9	0	55	970	3	0	2	13	0	0	0	1													
Plant-Based Garden Dog*	130	81	9	1	0	0	320	7	1	1	5	0	0	10	1					•						•		

*Contains pea protein

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTON	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
BREADS																												
Brioche Bun	190	32	4	2	0	10	300	33	1	7	7	0	0	70	2			•		•						•	•	
French Bread, 6 inch	300	18	2	0	0	0	720	58	0	2	10	0	0	120	1					•			•			•		
Hamburger Bun	220	23	3	0	0	0	400	42	1	4	7	0	0	60	2					•						•		
Hot Dog Bun	140	23	3	0	0	0	270	26	0	3	4	0	0	40	1					•						•	•	
Croissant, 3 oz	260	63	7	3	0	0	350	43	1	6	6	0	0	48	2			•		•			•			•		

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTON	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
HOMEMADE DESSERTS																												
Chocolate Eclair Cake	520	159	18	7	0	17	512	83	4	51	6	176	1	260	1			•		•			•			•		
Lemon Cake	700	258	29	11	0	74	573	103	1	75	5	85	0	81	1	•		•		•			•			•		
Portillo's Famous Chocolate Cake	720	329	37	11	0	119	780	86	4	64	6	127	0	93	4	•		•		•			•			•		
Strawberry Shortcake	480	178	20	12	0	66	311	73	2	62	3	654	44	57	0	•		•		•			•			•		

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

MENU ITEMS	NUTRITION															ALLERGENS											
DRINKS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS
	Cherry Coke (Small)	156	0	0	0	0	0	6	42	0	42	0	0	0	0	0											
Cherry Coke (Large)	250	0	0	0	0	0	10	67	0	67	0	0	0	0	0												
Chocolate Cake Shake (Small)	850	226	25	10	0	88	738	138	2	114	13	324	4	467	3	•		•		•			•			•	
Chocolate Cake Shake (Large)	1490	421	47	18	0	161	1325	240	4	197	21	517	6	724	5	•		•		•			•			•	
Chocolate Covered Strawberry Shake (Small)	940	208	23	13	0	35	598	163	4	143	13	325	22	533	3			•					•				
Chocolate Covered Strawberry Shake (Large)	1470	319	35	20	0	56	935	257	6	225	20	521	37	854	2			•									
Chocolate Shake (Small)	540	80	9	6	0	37	405	102	1	87	13	353	4	523	0			•					•				
Chocolate Shake (Large)	890	128	14	9	0	59	657	168	1	143	20	564	6	836	1			•					•				
Coke (Small)	150	0	0	0	0	0	9	41	0	41	0	0	0	0	0												
Coke (Large)	240	0	0	0	0	0	14	65	0	65	0	0	0	0	0												
Coke Zero (Small)	1	0	0	0	0	0	42	0	0	0	0	0	0	0	0												
Coke Zero (Large)	2	0	0	0	0	0	67	0	0	0	0	0	0	0	0												
Diet Coke (Small)	0	0	0	0	0	0	15	0	0	0	0	0	0	0	0												
Diet Coke (Large)	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0												
Dr. Pepper (Small)	165	0	0	0	0	0	53	41	0	41	0	0	0	0	0												
Dr. Pepper (Large)	264	0	0	0	0	0	84	65	0	65	0	0	0	0	0												
Fanta Orange Soda (Small)	167	0	0	0	0	0	53	53	0	53	0	0	0	0	0												
Fantasy Orange Soda (Large)	266	0	0	0	0	0	84	84	0	84	0	0	0	0	0												
Hi-C Flashin Fruit Punch (Small)	160	0	0	0	0	0	13	42	0	42	0	0	0	0	0												
Hi-C Flashin Fruit Punch (Large)	250	0	0	0	0	0	22	67	0	67	0	0	0	0	0												
Iced Tea (Small)	0	0	0	0	0	0	8	0	0	0	0	0	0	8	0												
Iced Tea (Large)	0	0	0	0	0	0	12	0	0	0	0	0	0	12	0												
Milk	120	45	5	4	0	25	120	11	0	11	8	500	1	300	0			•									
Minute Maid Lemonade (Small)	150	0	0	0	0	0	61	39	0	39	0	0	0	0	0												
Minute Maid Lemonade (Large)	230	0	0	0	0	0	98	62	0	62	0	0	0	0	0												
Root Beer (Small)	170	0	0	0	0	0	36	45	0	45	0	0	0	0	0												
Root Beer (Large)	270	0	0	0	0	0	58	72	0	72	0	0	0	0	0												

MENU ITEMS	NUTRITION															ALLERGENS												
	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT	SESAME SEEDS	
DRINKS continued																												
Sprite (Small)	150	0	0	0	0	0	33	39	0	39	0	0	0	0	0													
Sprite (Large)	230	0	0	0	0	0	53	62	0	62	0	0	0	0	0													
Strawberry Shake (Small)	520	76	8	6	0	35	379	96	1	82	13	325	11	529	0			•										
Strawberry Shake (Large)	830	122	14	9	0	56	606	156	2	132	20	521	20	847	1			•										
Strawberry Hibiscus Agua Fresca (Small)	85	0	0	0	0	0	17	22	0	22	0	0	0	0	0													
Strawberry Hibiscus Agua Fresca (Large)	130	0	0	0	0	0	27	35	0	35	0	0	0	0	0													
Sweet Tea (Small)	120	0	0	0	0	0	0	32	0	32	0	0	0	0	0													
Sweet Tea (Large)	190	0	0	0	0	0	0	50	0	50	0	0	0	0	0													
Vanilla Shake (Small)	500	76	8	6	0	35	379	91	1	77	13	325	5	526	0			•										
Vanilla Shake (Large)	800	122	14	9	0	56	606	146	1	124	20	521	8	842	0			•										
Add Malt (Small)	55	6	1	0	0	0	40	12	0	9	1	0	0	24	0			•		•							•	
Add Malt (Large)	83	9	1	0	0	0	60	18	0	14	2	0	0	37	0			•	•									