



# NUTRITION AND ALLERGEN INFORMATION

The nutritional and allergen information contained in our restaurants and on our website ([www.portillos.com](http://www.portillos.com)) were prepared by Nutritional Information Services (NIS). To create this information, we compiled ingredient lists, allergen listings, and nutritional data from our suppliers and distributors. We also conducted food tests using a nutrition analysis software program. The information contained here is intended to serve as a guide for personal use – it is not a guarantee. This is our best effort to inform our valued customers about the contents of our food.

**About Our Nutritional Information:** Our nutritional information is meant to provide an estimate of the nutritional values associated with our menu items. Actual nutritional values for any given menu item may vary from the values listed here due to variations in product preparation, serving sizes, the fact that our menu items may be customized, the season of the year, sources of supply, and/or ingredient substitutions by our suppliers and distributors. Therefore, we cannot guarantee that the nutritional information provided here or at our restaurant locations is completely accurate as it relates to every menu item. Please note that customization of your order may affect the accuracy and/or completeness of the nutritional information provided.

Portillo's assumes no responsibility for errors in labeling or changes in the chemical or constituent composition of ingredients or prepared products used in recipes and menu items that are the direct or indirect result of the actions of the suppliers, distributors and purveyors of the ingredients and products used.

**About Our Allergen Information:** It is important to note that many allergens are present in our restaurants, including milk, egg, fish, peanut, tree nut, shellfish, soy, sesame and wheat.

At Portillo's, we empathize with the challenges facing the families of people who have food allergies and who need to manage dietary sensitivities in their lives. When placing your order, please alert our order taker and manager to your food allergies or dietary restrictions.

Because we do not have separate kitchen equipment dedicated for the preparation of allergen-based food requests, foods may come into contact with one another during preparation, which is not reflected on the nutritional chart. Please consult your healthcare provider to determine the types of precautions you should take before enjoying any of our menu items. If you have questions about the nutrition and allergen information, please reach out to Guest Services at [guestservices@Portillos.com](mailto:guestservices@Portillos.com).

**August 2025**



# *Portillo's* NUTRITION AND ALLERGEN INFORMATION

We understand that some of our guests have food sensitivities and allergies. We want to provide you with the information you need to enjoy Portillo's wonderful food. Please note that our suppliers may change the formulation or substitute ingredients without notice. In addition, our products may come in contact with food allergens. Please visit [portillos.com/nutrition](http://portillos.com/nutrition) for our most recent updates.

Portillo's does not assume any liability for reactions to food consumed. Please consult your healthcare provider to determine the types of precautions you should take before enjoying any of our menu items.

**Fish and Seafood:** Our fried fish, fried chicken and hash brown bite products share a fryer. Because of this, we cannot guarantee that these products have not come into contact with fish. Please take this into consideration when ordering fried chicken if you have a seafood allergy.

## **Gluten:**

**Fries:** Our French fries are gluten-free and are cooked in their own designated fryer. However, the equipment used to filter the oil in the French fry fryer is shared with the fryers responsible for frying items that do contain gluten. Please take this into consideration when ordering French fries if you are sensitive to gluten.

**Shakes:** Our cake contains gluten and is mixed to create cake shakes with the same equipment we use for all shake flavors. We do not have a designated shake machine for cake shakes. Please take this into consideration when ordering shakes if you are sensitive to gluten.

**Oil:** Our French fries and onion rings are cooked in a blend of vegetable oil and beef tallow.

**Pork:** The following menu items contain pork: Italian Sausage, Polish Sausage, Maxwell St Polish Sausage, Combo Sandwich, Combo Bowl, Italiano Bowl, Meatball Sandwich, Meatball with Sauce & Cheese, Side of Meatballs, Bacon, Barnelli's Italian Sausage, Barnelli's Meatball, Penne Ala Vodka, Ribs, Chopped Salad.

# NUTRITION AND ALLERGEN INFORMATION

| Menu Items                | Nutrition                      |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|---------------------------|--------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| Beef & Sausage Sandwiches | Total Calories (kcal)          | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|                           | Beef N Cheddar Croissant       | 680                 | 370           | 41                | 19             | 0                | 91          | 928             | 44        | 1          | 6           | 31         | 412        | 0            | 273       | 3         |      |      | •   | •            | •       |           |     | •        |           |       | •            |  |
|                           | Char-Grilled Italian Sausage   | 660                 | 301           | 33                | 12             | 0                | 80          | 2014            | 62        | 0          | 5           | 26         | 5          | 0            | 142       | 2         |      |      |     | •            | •       |           |     | •        |           |       | •            |  |
|                           | Italian Beef Sandwich          |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|                           | Regular Sandwich               | 690                 | 308           | 34                | 14             | 0                | 81          | 1237            | 59        | 0          | 2           | 33         | 17         | 0            | 153       | 2         |      |      |     | •            | •       |           |     | •        |           |       | •            |  |
|                           | Big Beef Sandwich              | 1040                | 461           | 51                | 21             | 0                | 122         | 1856            | 88        | 0          | 3           | 50         | 25         | 0            | 230       | 4         |      |      |     | •            | •       |           |     | •        |           |       | •            |  |
|                           | Italian Beef and Sausage Combo | 860                 | 445           | 49                | 19             | 0                | 120         | 2272            | 63        | 0          | 5           | 38         | 14         | 0            | 158       | 3         |      |      |     | •            | •       |           |     | •        |           |       | •            |  |

| Menu Items          | Nutrition             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|---------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| Portillo's<br>Bowls | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
|                     | Chicago Combo Bowl    | 760                 | 527           | 59                | 23             | 0                | 178         | 1380            | 4         | 0          | 3           | 51         | 5          | 0            | 64        | 4         |      |      |     | •            |         |           |     |          |           |       |              |
|                     | Classic Beef Bowl     | 440                 | 284           | 32                | 13             | 0                | 103         | 230             | 0         | 0          | 0           | 35         | 5          | 0            | 44        | 3         |      |      |     | •            |         |           |     |          |           |       |              |
|                     | Italiano Bowl         | 590                 | 399           | 44                | 17             | 0                | 121         | 1060            | 9         | 2          | 2           | 38         | 228        | 1            | 130       | 3         | •    |      | •   | •            |         |           |     | •        |           | •     |              |
|                     |                       |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |

| Menu Items | Nutrition               |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |   |
|------------|-------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|---|
| HOT DOGS   | Total Calories (kcal)   | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |   |
|            | Chili Cheese Dog        |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |   |
|            | Regular                 | 510                 | 275           | 31                | 14             | 0                | 73          | 1649            | 36        | 2          | 5           | 22         | 956        | 1            | 389       | 3         |      |      | •   |              | •       |           | •   |          |           | •     | •            |   |
|            | Jumbo                   | 620                 | 365           | 41                | 18             | 0                | 98          | 2139            | 37        | 2          | 6           | 28         | 956        | 1            | 389       | 3         |      |      | •   |              | •       |           | •   |          |           | •     | •            |   |
|            | Hot Dog with Everything |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |   |
|            | Regular                 | 355                 | 134           | 15                | 5              | 0                | 30          | 1560            | 39        | 2          | 13          | 12         | 87         | 2            | 68        | 2         |      |      |     |              | •       |           |     |          | •         |       | •            | • |
|            | Jumbo                   | 465                 | 224           | 25                | 9              | 0                | 55          | 2050            | 40        | 2          | 14          | 18         | 87         | 2            | 68        | 3         |      |      |     |              | •       |           |     |          | •         |       | •            | • |
|            | Maxwell Street Polish   | 575                 | 363           | 40                | 13             | 0                | 88          | 1934            | 32        | 2          | 7           | 26         | 2          | 32           | 98        | 4         |      |      |     |              | •       |           |     |          |           |       | •            | • |
|            | Plant-Based Garden Dog* | 330                 | 116           | 13                | 1              | 0                | 0           | 1412            | 44        | 3          | 13          | 11         | 88         | 2            | 120       | 3         |      |      |     |              | •       |           |     |          | •         |       | •            | • |

\*Contains pea protein

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

| Menu Items               |                                         | Nutrition           |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|--------------------------|-----------------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| BURGERS                  | Total Calories (kcal)                   | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|                          | Bacon Burger                            |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|                          | Single                                  | 700                 | 337           | 37                | 12             | 0                | 129         | 1371            | 46        | 2          | 6           | 42         | 186        | 2            | 110       | 5         | •    |      |     |              | •       |           |     |          |           |       | •            |  |
|                          | Double                                  | 970                 | 502           | 56                | 19             | 0                | 223         | 1897            | 46        | 2          | 6           | 69         | 186        | 2            | 134       | 8         | •    |      |     |              | •       |           |     |          |           |       | •            |  |
|                          | Brioche Bacon Burger (Select Locations) |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
| Single                   | 690                                     | 355                 | 39            | 12                | 0              | 129              | 1281        | 40              | 1         | 9          | 40          | 186        | 2          | 80           | 5         | •         |      | •    |     | •            |         |           |     |          |           | •     | •            |  |
| Double                   | 960                                     | 520                 | 58            | 19                | 0              | 223              | 1807        | 40              | 1         | 9          | 67          | 186        | 2          | 104          | 7         | •         |      | •    |     | •            |         |           |     |          |           | •     | •            |  |
| Hamburger                |                                         |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
| Single                   | 590                                     | 243                 | 27            | 8                 | 0              | 99               | 1355        | 50              | 3         | 8          | 35          | 226        | 3          | 124          | 5         | •         |      |      |     | •            |         |           |     |          |           | •     |              |  |
| Double                   | 920                                     | 457                 | 51            | 16                | 0              | 198              | 1918        | 50              | 3         | 8          | 62          | 226        | 3          | 149          | 8         | •         |      |      |     | •            |         |           |     |          |           | •     |              |  |
| Brioche Hamburger        |                                         |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
| Single                   | 580                                     | 238                 | 26            | 8                 | 0              | 99               | 1325        | 47              | 2         | 7          | 34          | 226        | 3          | 104          | 5         | •         |      | •    |     | •            |         |           |     |          |           | •     | •            |  |
| Double                   | 910                                     | 457                 | 51            | 16                | 0              | 198              | 1918        | 50              | 3         | 8          | 62          | 226        | 3          | 149          | 8         | •         |      | •    |     | •            |         |           |     |          |           | •     | •            |  |
| Rodeo Burger             |                                         |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
| Single                   | 830                                     | 385                 | 43            | 17                | 0              | 145              | 2189        | 64              | 1         | 17         | 46          | 400        | 0          | 233          | 5         |           |      | •    |     | •            |         |           | •   | •        |           | •     | •            |  |
| Double                   | 1200                                    | 614                 | 68            | 28                | 0              | 259              | 3095        | 66              | 1         | 17         | 76          | 800        | 0          | 407          | 7         |           |      | •    |     | •            |         |           | •   | •        |           | •     | •            |  |
| Triple Cheeseburger      | 1600                                    | 763                 | 85            | 29                | 0              | 317              | 3653        | 102             | 6         | 16         | 101         | 852        | 6          | 423          | 13        | •         |      | •    |     | •            |         |           |     |          |           | •     |              |  |
| Slice of American Cheese | 90                                      | 63                  | 7             | 5                 | 0              | 20               | 380         | 2               | 0         | 0          | 4           | 400        | 0          | 150          | 0         |           |      | •    |     |              |         | •         |     |          |           |       |              |  |

| Menu Items     | Nutrition                 |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |   |
|----------------|---------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|---|
| CHICKEN & FISH | Total Calories (kcal)     | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |   |
|                | Breaded Chicken Sandwich  | 640                 | 242           | 27                | 4              | 0                | 75          | 2098            | 66        | 1          | 10          | 29         | 186        | 2            | 68        | 4         | •    |      | •   |              | •       |           |     |          |           |       | •            | • |
|                | Broiled Chicken Sandwich  | 450                 | 164           | 18                | 3              | 0                | 70          | 809             | 42        | 1          | 9           | 25         | 186        | 2            | 62        | 3         | •    |      | •   |              | •       |           |     |          |           |       | •            | • |
|                | Chicken Tenders, 4 Piece  | 340                 | 147           | 16                | 3              | 0                | 60          | 961             | 24        | 0          | 0           | 24         | 0          | 2            | 0         | 1         | •    |      |     |              | •       |           |     |          |           |       | •            |   |
|                | Chicken Tenders, 6 Piece  | 510                 | 221           | 25                | 5              | 0                | 90          | 1442            | 36        | 0          | 0           | 36         | 0          | 4            | 0         | 2         | •    |      |     |              | •       |           |     |          |           |       | •            |   |
|                | Chicken Tenders, 20 Piece | 1700                | 736           | 82                | 16             | 0                | 300         | 4807            | 120       | 0          | 0           | 120        | 0          | 12           | 0         | 7         | •    |      |     |              | •       |           |     |          |           |       | •            |   |
|                | Spicy Chicken Sandwich    | 560                 | 168           | 19                | 5              | 0                | 60          | 1598            | 66        | 2          | 9           | 28         | 186        | 2            | 69        | 4         |      | •    | •   |              | •       |           |     |          | •         |       | •            | • |
|                | Breaded Fish Sandwich     | 660                 | 313           | 35                | 12             | 0                | 69          | 1214            | 60        | 1          | 8           | 22         | 507        | 1            | 234       | 3         | •    | •    | •   |              | •       |           |     | •        |           |       | •            | • |

| Menu Items | Nutrition                                 |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|------------|-------------------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| SALADS     | Total Calories (kcal)                     | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|            | Chopped Salad                             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|            | without dressing                          | 510                 | 183           | 20                | 11             | 0                | 135         | 1462            | 37        | 6          | 8           | 42         | 6089       | 59           | 247       | 4         |      |      | •   |              | •       |           |     |          |           |       | •            |  |
|            | with dressing                             | 850                 | 489           | 54                | 16             | 0                | 135         | 1962            | 45        | 6          | 14          | 42         | 6089       | 59           | 287       | 4         |      |      | •   |              | •       |           |     |          | •         |       | •            |  |
|            | Classic Caesar Salad                      |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|            | without dressing                          | 230                 | 106           | 12                | 3              | 0                | 218         | 299             | 16        | 4          | 3           | 13         | 10226      | 41           | 168       | 2         | •    |      | •   |              | •       |           |     |          |           |       | •            |  |
|            | with dressing                             | 570                 | 430           | 48                | 7              | 0                | 240         | 671             | 18        | 4          | 3           | 15         | 10226      | 41           | 248       | 3         | •    | •    | •   |              | •       |           |     | •        | •         |       | •            |  |
|            | Classic Caesar Salad with Grilled Chicken |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|            | without dressing                          | 360                 | 111           | 12                | 3              | 0                | 201         | 855             | 18        | 4          | 2           | 38         | 10080      | 41           | 166       | 3         | •    |      | •   |              | •       |           |     |          |           |       | •            |  |
|            | with dressing                             | 700                 | 435           | 48                | 7              | 0                | 223         | 1227            | 20        | 4          | 2           | 40         | 10080      | 41           | 246       | 4         | •    | •    | •   |              | •       |           |     | •        | •         |       | •            |  |
|            | Greek Salad with Chicken                  |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|            | without dressing                          | 330                 | 143           | 16                | 5              | 0                | 80          | 1130            | 15        | 7          | 6           | 27         | 9400       | 51           | 139       | 3         |      |      | •   |              |         |           |     |          | •         |       |              |  |
|            | with dressing                             | 610                 | 395           | 44                | 9              | 0                | 80          | 1554            | 23        | 7          | 10          | 27         | 9400       | 53           | 139       | 4         |      |      | •   |              | •       |           |     |          | •         |       |              |  |
|            | Spicy Chicken Chopped Salad               |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |
|            | without dressing                          | 740                 | 304           | 34                | 13             | 0                | 135         | 2336            | 62        | 7          | 8           | 45         | 7472       | 67           | 249       | 5         |      |      | •   |              | •       |           |     |          | •         |       | •            |  |
|            | with dressing                             | 1080                | 610           | 68                | 18             | 0                | 135         | 2836            | 70        | 7          | 14          | 45         | 7472       | 67           | 289       | 5         |      |      | •   |              | •       |           |     |          | •         |       | •            |  |

| Menu Items              | Nutrition                  |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|-------------------------|----------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| SALAD DRESSINGS & SAUCE | Total Calories (kcal)      | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|                         | BBQ Sauce                  | 40                  | 4             | 0                 | 0              | 0                | 395         | 9               | 0         | 8          | 0           | 0          | 0          | 0            | 0         |           |      |      |     | •            |         |           | •   | •        |           | •     |              |  |
|                         | Caesar Dressing            | 340                 | 324           | 36                | 4              | 0                | 22          | 372             | 2         | 0          | 0           | 2          | 0          | 0            | 80        | 0         | •    | •    | •   |              | •       |           |     | •        | •         |       | •            |  |
|                         | Roasted Garlic Vinaigrette | 290                 | 252           | 28                | 4              | 0                | 424         | 8               | 0         | 4          | 0           | 0          | 0          | 2            | 0         | 0         |      |      |     |              | •       |           |     |          | •         |       |              |  |
|                         | Honey Mustard Sauce        | 200                 | 149           | 17                | 3              | 0                | 23          | 210             | 11        | 0          | 9           | 0          | 0          | 0            | 15        | 0         | •    |      |     |              |         |           |     | •        |           |       |              |  |
|                         | Hot Giardiniera Sauce      | 60                  | 45            | 5                 | 3              | 0                | 0           | 170             | 2         | 0          | 1           | 0          | 0          | 0            | 3         | 0         | •    | •    | •   |              |         |           |     |          | •         |       |              |  |
|                         | House Dressing             | 340                 | 306           | 34                | 5              | 0                | 0           | 500             | 8         | 0          | 6           | 0          | 0          | 0            | 40        | 0         |      |      |     |              |         |           |     |          | •         |       |              |  |
|                         | Lite Italian Dressing      | 80                  | 60            | 7                 | 1              | 0                | 0           | 507             | 4         | 0          | 3           | 0          | 0          | 0            | 0         | 0         |      |      |     |              |         |           |     |          |           |       |              |  |
|                         | Ranch Dressing             | 130                 | 126           | 14                | 3              | 0                | 10          | 292             | 1         | 0          | 0           | 0          | 0          | 0            | 20        | 0         | •    |      | •   | •            |         |           |     |          |           |       |              |  |
|                         | Buffalo Sauce              | 30                  | 0             | 2.5               | 0              | 0                | 0           | 1260            | 2         | 1          | 1           | 0          | 0          | 0            | 0         | 0         |      |      | •   |              |         |           |     | •        |           |       |              |  |

| Menu Items                                  | Nutrition             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|---------------------------------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| Side Orders                                 | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Cup of Original Chili with Cheese and Onion | 430                   | 184                 | 20            | 9                 | 0              | 58               | 1764        | 42              | 7         | 6          | 22          | 1802       | 6          | 269          | 3         |           |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Chili Cheese Fries                          | 450                   | 223                 | 25            | 7                 | 0              | 23               | 1068        | 48              | 5         | 3          | 9           | 471        | 12         | 129          | 1         |           |      | •    |     |              |         |           | •   |          |           |       |              |
| Chicken Noodle Soup                         | 140                   | 23                  | 3             | 1                 | 0              | 38               | 988         | 15              | 1         | 3          | 13          | 625        | 2          | 25           | 0         | •         |      | •    |     | •            |         |           | •   |          |           | •     |              |
| French Fries, Small                         | 340                   | 170                 | 19            | 5                 | 0              | 9                | 54          | 43              | 4         | 2          | 3           | 4          | 15         | 24           | 1         |           |      |      |     |              |         |           |     |          |           |       |              |
| French Fries, Large                         | 480                   | 242                 | 27            | 7                 | 0              | 13               | 77          | 61              | 5         | 3          | 5           | 6          | 21         | 34           | 1         |           |      |      |     |              |         |           |     |          |           |       |              |
| French Fries, Jumbo                         | 2400                  | 1210                | 135           | 35                | 0              | 65               | 385         | 305             | 25        | 15         | 25          | 30         | 105        | 170          | 5         |           |      |      |     |              |         |           |     |          |           |       |              |
| Fresh Baked House Bread                     | 480                   | 14                  | 2             | 0                 | 0              | 0                | 1110        | 99              | 3         | 0          | 18          | 0          | 0          | 120          | 1         |           |      |      |     | •            |         |           |     |          |           | •     |              |
| Garlic Bread                                | 680                   | 396                 | 44            | 18                | 0              | 0                | 960         | 61              | 0         | 2          | 10          | 0          | 0          | 126          | 1         |           |      |      |     | •            |         |           | •   |          |           | •     |              |
| Gravy Bread                                 | 420                   | 137                 | 15            | 6                 | 0              | 14               | 1151        | 59              | 0         | 2          | 10          | 16         | 0          | 125          | 1         |           |      |      | •   | •            |         |           | •   |          |           | •     |              |
| Cheesy Garlic Bread                         | 860                   | 522                 | 58            | 27                | 0              | 40               | 1340        | 63              | 0         | 2          | 22          | 400        | 0          | 426          | 1         |           |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Meatball with Sauce and Cheese              | 310                   | 206                 | 23            | 8                 | 0              | 53               | 982         | 11              | 2         | 3          | 14          | 202        | 1          | 86           | 2         | •         |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Onion Rings Small                           | 320                   | 60                  | 7             | 2                 | 0              | 6                | 763         | 59              | 0         | 5          | 6           | 0          | 0          | 28           | 2         |           |      | •    |     | •            |         |           |     |          |           | •     |              |
| Onion Rings Large                           | 480                   | 90                  | 10            | 3                 | 0              | 9                | 1145        | 89              | 0         | 7          | 9           | 0          | 0          | 42           | 2         |           |      | •    |     | •            |         |           |     |          |           | •     |              |
| Onion Rings Jumbo                           | 2400                  | 550                 | 60            | 20                | 0              | 45               | 5915        | 470             | 10        | 50         | 45          | 0          | 30         | 245          | 10        |           |      | •    |     | •            |         |           |     |          |           | •     |              |
| Side Garden Salad (no dressing)             | 170                   | 75                  | 8             | 3                 | 0              | 13               | 243         | 16              | 2         | 3          | 7           | 3162       | 25         | 119          | 1         |           |      | •    |     | •            |         |           |     |          |           | •     |              |
| Side of Meatballs                           | 330                   | 224                 | 25            | 9                 | 0              | 57               | 1105        | 12              | 2         | 4          | 16          | 223        | 1          | 126          | 2         | •         |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Tamale in Cup of Chili                      | 520                   | 261                 | 29            | 13                | 0              | 66               | 1528        | 45              | 5         | 3          | 21          | 1213       | 3          | 238          | 3         |           |      | •    |     |              |         |           | •   |          |           |       |              |
| Tamale                                      | 340                   | 153                 | 17            | 6                 | 0              | 30               | 1020        | 36              | 3         | 1          | 11          | 500        | 1          | 20           | 3         |           |      |      |     |              |         |           |     |          |           |       |              |

| Menu Items               | Nutrition                      |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|--------------------------|--------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| Add-ons & Condiments     | Total Calories (kcal)          | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
|                          | Add Bacon                      | 100                 | 80            | 9                 | 3              | 0                | 30          | 91              | 0         | 0          | 0           | 7          | 0          | 0            | 0         | 0         |      |      |     |              |         |           |     |          |           |       |              |
|                          | Barnelli's Add Chicken         | 130                 | 36            | 4                 | 1              | 0                | 55          | 390             | 2         | 0          | 0           | 21         | 0          | 0            | 0         | 1         |      |      |     |              |         |           |     |          |           |       |              |
|                          | Barnelli's Add Italian Sausage | 280                 | 211           | 23                | 8              | 0                | 55          | 956             | 0         | 0          | 0           | 18         | 223        | 0            | 22        | 1         |      |      |     |              |         |           |     |          |           |       |              |
|                          | Barnelli's Add Meatball        | 310                 | 190           | 21                | 7              | 0                | 47          | 902             | 13        | 3          | 4           | 20         | 503        | 9            | 158       | 1         | •    |      | •   |              | •       |           |     | •        |           | •     |              |
|                          | Regular Cheese Sauce           | 140                 | 81            | 9                 | 3              | 0                | 8           | 555             | 9         | 0          | 0           | 2          | 0          | 0            | 90        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                          | Jumbo Cheese Sauce             | 540                 | 324           | 36                | 12             | 0                | 32          | 2220            | 36        | 0          | 0           | 8          | 0          | 0            | 360       | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                          | Hot Peppers                    | 50                  | 41            | 5                 | 1              | 0                | 0           | 100             | 2         | 0          | 1           | 0          | 500        | 12           | 0         | 0         |      |      |     |              |         |           |     | •        |           |       |              |
|                          | Side of Gravy                  | 120                 | 119           | 13                | 6              | 0                | 14          | 431             | 1         | 0          | 0           | 0          | 16         | 0            | 5         | 0         |      |      |     | •            |         |           |     |          |           |       |              |
|                          | Sweet Peppers                  | 40                  | 36            | 4                 | 1              | 0                | 0           | 304             | 2         | 1          | 1           | 0          | 127        | 25           | 7         | 0         |      |      |     |              |         |           |     |          |           |       |              |
| Slice of American Cheese | 90                             | 63                  | 7             | 5                 | 0              | 20               | 380         | 2               | 0         | 0          | 4           | 400        | 0          | 150          | 0         |           |      | •    |     |              |         |           | •   |          |           |       |              |

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

| Menu Items                   |      | Nutrition                |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              | Allergens |     |      |      |     |              |         |           |     |          |           |       |              |
|------------------------------|------|--------------------------|------------------------|---------------|----------------------|----------------|---------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| BARNELLI'S<br>ENTREES & RIBS |      | Total Calories<br>(Kcal) | Fat Calories<br>(Kcal) | Total Fat (g) | Saturated<br>Fat (g) | Trans Fat (mg) | Cholesterol<br>(mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Baked Mostaccioli            |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| without Sauce                | 1080 | 457                      | 51                     | 28            | 0                    | 137            | 2489                | 105         | 8               | 12        | 55         | 1267        | 0          | 1133       | 5            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Marinara Sauce          | 1440 | 624                      | 69                     | 38            | 0                    | 195            | 3270                | 126         | 9               | 12        | 81         | 2186        | 0          | 2061       | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Meat Sauce              | 1400 | 562                      | 62                     | 33            | 0                    | 187            | 3372                | 130         | 9               | 15        | 83         | 2186        | 0          | 1992       | 7            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Fettuccine Alfredo           | 1890 | 924                      | 103                    | 60            | 0                    | 295            | 2889                | 154         | 6               | 11        | 95         | 2133        | 0          | 2414       | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Mostaccioli Large            |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| without sauce                | 760  | 103                      | 11                     | 5             | 0                    | 21             | 446                 | 137         | 6               | 3         | 32         | 213         | 0          | 321        | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Marinara Sauce          | 1090 | 309                      | 34                     | 16            | 0                    | 66             | 2297                | 158         | 12              | 16        | 40         | 213         | 0          | 516        | 8            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Meat Sauce              | 1030 | 216                      | 24                     | 8             | 0                    | 54             | 2450                | 165         | 12              | 20        | 42         | 213         | 0          | 413        | 9            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Mostaccioli Small            |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| without Sauce                | 510  | 92                       | 10                     | 5             | 0                    | 21             | 413                 | 84          | 4               | 2         | 23         | 213         | 0          | 320        | 4            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Marinara Sauce          | 730  | 229                      | 25                     | 12            | 0                    | 51             | 1647                | 99          | 8               | 10        | 28         | 213         | 0          | 450        | 5            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Meat Sauce              | 690  | 167                      | 19                     | 7             | 0                    | 43             | 1749                | 103         | 8               | 13        | 30         | 213         | 0          | 382        | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Penne All Arrabbiata         | 1170 | 535                      | 59                     | 19            | 0                    | 61             | 2451                | 126         | 11              | 13        | 34         | 496         | 4          | 548        | 7            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Rigatoni Ala Vodka           | 2340 | 1362                     | 151                    | 88            | 0                    | 425            | 1744                | 193         | 11              | 9         | 54         | 3627        | 0          | 754        | 9            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Spaghetti Large              |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| without Sauce                | 760  | 103                      | 11                     | 5             | 0                    | 21             | 446                 | 137         | 6               | 3         | 32         | 213         | 0          | 321        | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Marinara Sauce          | 1090 | 309                      | 34                     | 16            | 0                    | 66             | 2297                | 158         | 12              | 16        | 40         | 213         | 0          | 516        | 8            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Meat Sauce              | 1030 | 216                      | 24                     | 8             | 0                    | 54             | 2450                | 165         | 12              | 20        | 42         | 213         | 0          | 413        | 9            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Spaghetti Small              |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| without Sauce                | 510  | 92                       | 10                     | 5             | 0                    | 21             | 413                 | 84          | 4               | 2         | 23         | 213         | 0          | 320        | 4            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Marinara Sauce          | 730  | 229                      | 25                     | 12            | 0                    | 51             | 1647                | 99          | 8               | 10        | 28         | 213         | 0          | 450        | 5            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| with Meat Sauce              | 690  | 167                      | 19                     | 7             | 0                    | 43             | 1749                | 103         | 8               | 13        | 30         | 213         | 0          | 382        | 6            |           |     | •    |      | •   |              |         |           |     |          |           | •     |              |
| Ribs                         |      |                          |                        |               |                      |                |                     |             |                 |           |            |             |            |            |              |           |     |      |      |     |              |         |           |     |          |           |       |              |
| Full Slab                    | 1020 | 542                      | 60                     | 22            | 0                    | 194            | 3884                | 78          | 0               | 70        | 39         | 27          | 0          | 79         | 2            |           |     |      |      |     |              |         |           | •   | •        |           | •     |              |
| Half Slab                    | 510  | 271                      | 30                     | 11            | 0                    | 97             | 1942                | 39          | 0               | 35        | 19         | 13          | 0          | 39         | 1            |           |     |      |      |     |              |         |           | •   | •        |           | •     |              |
| Meatball Sandwich            | 1050 | 509                      | 57                     | 21            | 0                    | 127            | 3018                | 83          | 7               | 7         | 57         | 1231        | 13         | 630        | 7            | •         |     | •    |      | •   |              |         |           | •   |          |           | •     |              |
| Chicken Al Diavolo           | 1750 | 837                      | 93                     | 36            | 0                    | 256            | 1643                | 160         | 10              | 9         | 68         | 4185        | 11         | 373        | 10           |           |     | •    |      |     |              |         |           |     |          |           | •     |              |

| Menu Items | Nutrition                    |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|------------|------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| NUDIES     | Total Calories (kcal)        | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|            | Breaded Chicken              | 310                 | 98            | 11                | 2              | 0                | 65          | 1680            | 26        | 0          | 1           | 23         | 0          | 0            | 13        | 2         |      |      |     |              | •       |           |     |          |           |       | •            |  |
|            | Breaded Whitefish            | 250                 | 119           | 13                | 5              | 0                | 40          | 430             | 17        | 0          | 0           | 12         | 0          | 0            | 30        | 1         |      | •    |     |              | •       |           |     |          |           | •     |              |  |
|            | Burger Patty                 | 280                 | 165           | 18                | 7              | 0                | 94          | 526             | 0         | 0          | 0           | 27         | 0          | 0            | 25        | 3         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Char-Broiled Chicken         | 130                 | 36            | 4                 | 1              | 0                | 55          | 390             | 2         | 0          | 0           | 21         | 0          | 0            | 0         | 1         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Char-Grilled Italian Sausage | 320                 | 243           | 27                | 10             | 0                | 75          | 1150            | 4         | 0          | 3           | 16         | 0          | 0            | 20        | 1         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Char-Grilled Polish Sausage  | 400                 | 315           | 35                | 13             | 0                | 88          | 1450            | 3         | 0          | 3           | 20         | 0          | 30           | 0         | 2         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Hot Dog                      | 150                 | 108           | 12                | 5              | 0                | 30          | 480             | 2         | 0          | 1           | 7          | 0          | 0            | 0         | 1         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Jumbo Hot Dog                | 260                 | 198           | 22                | 9              | 0                | 55          | 970             | 3         | 0          | 2           | 13         | 0          | 0            | 0         | 1         |      |      |     |              |         |           |     |          |           |       |              |  |
|            | Plant-Based Garden Dog*      | 130                 | 81            | 9                 | 1              | 0                | 0           | 320             | 7         | 1          | 1           | 5          | 0          | 0            | 10        | 1         |      |      |     |              | •       |           |     |          |           |       | •            |  |

\*Contains pea protein

| Menu Items           | Nutrition             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|----------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| Breads               | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Brioche Bun          | 230                   | 45                  | 5             | 1                 | 0              | 0                | 340         | 39              | 1         | 8          | 6           | 0          | 0          | 50           | 2         |           |      | •    |     | •            |         |           |     |          |           | •     | •            |
| French Bread, 6 inch | 300                   | 18                  | 2             | 0                 | 0              | 0                | 720         | 58              | 0         | 2          | 10          | 0          | 0          | 120          | 1         |           |      |      |     | •            |         |           | •   |          |           | •     |              |
| Hamburger Bun        | 240                   | 27                  | 3             | 1                 | 0              | 0                | 430         | 45              | 2         | 5          | 8           | 0          | 0          | 80           | 2         |           |      |      |     | •            |         |           |     |          |           | •     |              |
| Hot Dog Bun          | 150                   | 32                  | 4             | 0                 | 0              | 0                | 250         | 26              | 1         | 3          | 5           | 0          | 0          | 80           | 2         |           |      |      |     | •            |         |           |     |          |           | •     | •            |
| Croissant, 3 oz      | 260                   | 63                  | 7             | 3                 | 0              | 0                | 350         | 43              | 1         | 6          | 6           | 0          | 0          | 48           | 2         |           |      | •    |     | •            |         |           | •   |          |           | •     |              |

| Menu Items        | Nutrition                        |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |  |
|-------------------|----------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|--|
| Homemade Desserts | Total Calories (kcal)            | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |  |
|                   | Chocolate Eclair Cake            | 520                 | 159           | 18                | 7              | 0                | 17          | 512             | 83        | 4          | 51          | 6          | 176        | 1            | 260       | 1         |      |      | •   |              | •       |           |     | •        |           |       | •            |  |
|                   | Lemon Cake                       | 700                 | 258           | 29                | 11             | 0                | 74          | 573             | 103       | 1          | 75          | 5          | 85         | 0            | 81        | 1         | •    |      | •   |              | •       |           |     | •        |           |       | •            |  |
|                   | Portillo's Famous Chocolate Cake | 720                 | 329           | 37                | 11             | 0                | 119         | 780             | 86        | 4          | 64          | 6          | 127        | 0            | 93        | 4         | •    |      | •   |              | •       |           |     | •        |           |       | •            |  |
|                   | Strawberry Shortcake             | 480                 | 178           | 20                | 12             | 0                | 66          | 311             | 73        | 2          | 62          | 3          | 654        | 44           | 57        | 0         | •    |      | •   |              | •       |           |     | •        |           |       | •            |  |
|                   | Salted Caramel Spice Cake        | 800                 | 364           | 40                | 14             | 0                | 124         | 953             | 104       | 0          | 78          | 6          | 127        | 0            | 14        | 2         | •    |      | •   |              |         |           |     | •        |           |       | •            |  |
|                   |                                  |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |           |      |      |     |              |         |           |     |          |           |       |              |  |



| Menu Items                      | Nutrition             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|---------------------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| BREAKFAST                       | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Bacon                           | 120                   | 95                  | 11            | 4                 | 0              | 30               | 375         | 0               | 0         | 0          | 8           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Bacon, Egg and Cheese Sandwich  | 530                   | 295                 | 33            | 14                | 0              | 408              | 2084        | 31              | 2         | 5          | 28          | 1026       | 0          | 211          | 3         | •         |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Cheese Sauce                    | 135                   | 81                  | 9             | 3                 | 0              | 8                | 555         | 9               | 0         | 0          | 2           | 0          | 0          | 90           | 0         |           |      | •    |     |              |         |           |     |          |           |       |              |
| Chocolate Cake Donut            | 470                   | 270                 | 30            | 14                | 0              | 20               | 330         | 48              | 1         | 28         | 4           | 0          | 0          | 30           | 2         | •         |      | •    |     | •            |         |           | •   |          |           | •     |              |
| Fruit Cup                       | 110                   | 3                   | 0             | 0                 | 0              | 0                | 30          | 25              | 3         | 21         | 2           | 2967       | 77         | 24           | 1         |           |      |      |     |              |         |           |     |          |           |       |              |
| Hashbrowns                      | 155                   | 85                  | 9             | 1                 | 0              | 0                | 433         | 17              | 1         | 1          | 1           | 0          | 0          | 10           | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Loaded Scramble                 | 337                   | 218                 | 24            | 7                 | 0              | 378              | 1222        | 13              | 1         | 1          | 17          | 426        | 0          | 86           | 2         | •         |      | •    |     |              |         |           |     |          |           |       |              |
| Pepper, Egg and Cheese Sandwich | 502                   | 257                 | 29            | 11                | 0              | 378              | 1914        | 36              | 1         | 4          | 21          | 995        | 34         | 273          | 2         | •         | •    | •    |     | •            |         |           | •   | •        |           | •     |              |
| Polish Sausage, Egg and Cheese  | 644                   | 367                 | 41            | 17                | 0              | 422              | 2234        | 35              | 0         | 4          | 30          | 826        | 15         | 264          | 3         | •         | •    | •    |     | •            |         |           | •   | •        |           | •     |              |
| Maple Sausage Croissant         | 580                   | 345                 | 38            | 13                | 0              | 413              | 1884        | 34              | 2         | 9          | 22          | 626        | 0          | 61           | 3         | •         |      | •    |     | •            |         |           |     |          |           | •     |              |
| Croissant                       | 180                   | 45                  | 5             | 3                 | 0              | 0                | 730         | 28              | 2         | 4          | 5           | 200        | 0          | 10           | 2         |           |      | •    |     | •            |         |           |     |          |           | •     |              |

| Menu Items       | Nutrition                        |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|------------------|----------------------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| BREAKFAST DRINKS | Total Calories (kcal)            | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
|                  | Chocolate Cake Coffee Large      | 200                 | 54            | 6                 | 4              | 0                | 30          | 84              | 33        | 0          | 32          | 2          | 0          | 0            | 66        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Chocolate Cake Coffee Small      | 140                 | 27            | 3                 | 2              | 0                | 15          | 55              | 26        | 0          | 25          | 1          | 0          | 0            | 35        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Vanilla Coffee, Large            | 200                 | 54            | 6                 | 4              | 0                | 30          | 46              | 33        | 0          | 33          | 2          | 0          | 0            | 66        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Vanilla Coffee, Small            | 140                 | 27            | 3                 | 2              | 0                | 15          | 25              | 26        | 0          | 26          | 1          | 0          | 0            | 35        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Sugar Free Vanilla Coffee, Large | 70                  | 54            | 6                 | 4              | 0                | 30          | 59              | 8         | 0          | 2           | 2          | 0          | 0            | 66        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Sugar Free Vanilla Coffee, Small | 40                  | 27            | 3                 | 2              | 0                | 15          | 35              | 6         | 0          | 1           | 1          | 0          | 0            | 35        | 0         |      |      | •   |              |         |           |     |          |           |       |              |
|                  | Orange Juice                     | 160                 | 0             | 0                 | 0              | 0                | 0           | 0               | 37        | 0          | 33          | 2          | 0          | 72           | 20        | 0         |      |      |     |              |         |           |     |          |           |       |              |
|                  | Regular Coffee, Small            | 0                   | 0             | 0                 | 0              | 0                | 0           | 5               | 0         | 0          | 0           | 0          | 0          | 0            | 5         | 0         |      |      |     |              |         |           |     |          |           |       |              |
|                  | Regular Coffee, Large            | 0                   | 0             | 0                 | 0              | 0                | 0           | 6               | 0         | 0          | 0           | 0          | 0          | 0            | 6         | 0         |      |      |     |              |         |           |     |          |           |       |              |

| Menu Items                                 |                       | Nutrition           |               |                   |                |                  |             |                 |           |            |             |            |            |              |           |     | Allergens |      |     |              |         |           |     |          |           |       |              |
|--------------------------------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----|-----------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| Drinks                                     | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg | Fish      | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Apple Juice                                | 35                    | 0                   | 0             | 0                 | 0              | 0                | 15          | 9               | 0         | 8          | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Cherry Coke (Small)                        | 160                   | 0                   | 0             | 0                 | 0              | 0                | 6           | 42              | 0         | 42         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Cherry Coke (Large)                        | 250                   | 0                   | 0             | 0                 | 0              | 0                | 10          | 67              | 0         | 67         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Chocolate Cake Shake (Small)               | 850                   | 226                 | 25            | 10                | 0              | 88               | 738         | 138             | 2         | 114        | 13          | 324        | 4          | 467          | 3         | •   |           | •    |     | •            |         |           | •   |          |           | •     |              |
| Chocolate Cake Shake (Large)               | 1490                  | 421                 | 47            | 18                | 0              | 161              | 1325        | 240             | 4         | 197        | 21          | 517        | 6          | 724          | 5         | •   |           | •    |     | •            |         |           | •   |          |           | •     |              |
| Chocolate Covered Strawberry Shake (Small) | 940                   | 208                 | 23            | 13                | 0              | 35               | 598         | 163             | 4         | 143        | 13          | 325        | 22         | 533          | 3         |     |           | •    |     |              |         | •         |     |          |           |       |              |
| Chocolate Covered Strawberry Shake (Large) | 1470                  | 319                 | 35            | 20                | 0              | 56               | 935         | 257             | 6         | 225        | 20          | 521        | 37         | 854          | 2         |     |           | •    |     |              |         |           |     |          |           |       |              |
| Chocolate Shake (Small)                    | 540                   | 80                  | 9             | 6                 | 0              | 37               | 405         | 102             | 1         | 87         | 13          | 353        | 4          | 523          | 0         |     |           | •    |     |              |         |           | •   |          |           |       |              |
| Chocolate Shake (Large)                    | 890                   | 128                 | 14            | 9                 | 0              | 59               | 657         | 168             | 1         | 143        | 20          | 564        | 6          | 836          | 1         |     |           | •    |     |              |         |           | •   |          |           |       |              |
| Coke (Small)                               | 150                   | 0                   | 0             | 0                 | 0              | 0                | 9           | 41              | 0         | 41         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Coke (Large)                               | 240                   | 0                   | 0             | 0                 | 0              | 0                | 14          | 65              | 0         | 65         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Coke Zero (Small)                          | 1                     | 0                   | 0             | 0                 | 0              | 0                | 42          | 0               | 0         | 0          | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Coke Zero (Large)                          | 2                     | 0                   | 0             | 0                 | 0              | 0                | 67          | 0               | 0         | 0          | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Diet Coke (Small)                          | 0                     | 0                   | 0             | 0                 | 0              | 0                | 15          | 0               | 0         | 0          | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Diet Coke (Large)                          | 0                     | 0                   | 0             | 0                 | 0              | 0                | 24          | 0               | 0         | 0          | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Dr. Pepper (Small)                         | 165                   | 0                   | 0             | 0                 | 0              | 0                | 53          | 41              | 0         | 41         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Dr. Pepper (Large)                         | 264                   | 0                   | 0             | 0                 | 0              | 0                | 84          | 65              | 0         | 65         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Fanta Orange Soda (Small)                  | 167                   | 0                   | 0             | 0                 | 0              | 0                | 53          | 53              | 0         | 53         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Fantasy Orange Soda (Large)                | 266                   | 0                   | 0             | 0                 | 0              | 0                | 84          | 84              | 0         | 84         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Hi-C Flashin Fruit Punch (Small)           | 160                   | 0                   | 0             | 0                 | 0              | 0                | 13          | 42              | 0         | 42         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Hi-C Flashin Fruit Punch (Large)           | 250                   | 0                   | 0             | 0                 | 0              | 0                | 22          | 67              | 0         | 67         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Iced Tea (Small)                           | 0                     | 0                   | 0             | 0                 | 0              | 0                | 8           | 0               | 0         | 0          | 0           | 0          | 0          | 8            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Iced Tea (Large)                           | 0                     | 0                   | 0             | 0                 | 0              | 0                | 12          | 0               | 0         | 0          | 0           | 0          | 0          | 12           | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Milk                                       | 120                   | 45                  | 5             | 4                 | 0              | 25               | 120         | 11              | 0         | 11         | 8           | 500        | 1          | 300          | 0         |     |           | •    |     |              |         |           |     |          |           |       |              |
| Minute Maid Lemonade (Small)               | 150                   | 0                   | 0             | 0                 | 0              | 0                | 61          | 39              | 0         | 39         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Minute Maid Lemonade (Large)               | 230                   | 0                   | 0             | 0                 | 0              | 0                | 98          | 62              | 0         | 62         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Root Beer (Small)                          | 170                   | 0                   | 0             | 0                 | 0              | 0                | 36          | 45              | 0         | 45         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |
| Root Beer (Large)                          | 270                   | 0                   | 0             | 0                 | 0              | 0                | 58          | 72              | 0         | 72         | 0           | 0          | 0          | 0            | 0         |     |           |      |     |              |         |           |     |          |           |       |              |

| Menu Items                              | Nutrition             |                     |               |                   |                |                  |             |                 |           |            |             |            |            |              |           | Allergens |      |      |     |              |         |           |     |          |           |       |              |
|-----------------------------------------|-----------------------|---------------------|---------------|-------------------|----------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|-----------|------|------|-----|--------------|---------|-----------|-----|----------|-----------|-------|--------------|
| DRINKS continued                        | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (mg) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (IU) | Vit C (mg) | Calcium (mg) | Iron (mg) | Egg       | Fish | Milk | MSG | Other Gluten | Peanuts | Shellfish | Soy | Sulfites | Tree Nuts | Wheat | Sesame Seeds |
| Sprite (Small)                          | 150                   | 0                   | 0             | 0                 | 0              | 0                | 33          | 39              | 0         | 39         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Sprite (Large)                          | 230                   | 0                   | 0             | 0                 | 0              | 0                | 53          | 62              | 0         | 62         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Strawberry Shake (Small)                | 520                   | 76                  | 8             | 6                 | 0              | 35               | 379         | 96              | 1         | 82         | 13          | 325        | 11         | 529          | 0         |           |      | •    |     |              |         |           |     |          |           |       |              |
| Strawberry Shake (Large)                | 830                   | 122                 | 14            | 9                 | 0              | 56               | 606         | 156             | 2         | 132        | 20          | 521        | 20         | 847          | 1         |           |      | •    |     |              |         |           |     |          |           |       |              |
| Strawberry Hibiscus Agua Fresca (Small) | 85                    | 0                   | 0             | 0                 | 0              | 0                | 17          | 22              | 0         | 22         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Strawberry Hibiscus Agua Fresca (Large) | 130                   | 0                   | 0             | 0                 | 0              | 0                | 27          | 35              | 0         | 35         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Sweet Tea (Small)                       | 120                   | 0                   | 0             | 0                 | 0              | 0                | 0           | 32              | 0         | 32         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Sweet Tea (Large)                       | 190                   | 0                   | 0             | 0                 | 0              | 0                | 0           | 50              | 0         | 50         | 0           | 0          | 0          | 0            | 0         |           |      |      |     |              |         |           |     |          |           |       |              |
| Vanilla Shake (Small)                   | 500                   | 76                  | 8             | 6                 | 0              | 35               | 379         | 91              | 1         | 77         | 13          | 325        | 5          | 526          | 0         |           |      | •    |     |              |         |           |     |          |           |       |              |
| Vanilla Shake (Large)                   | 800                   | 122                 | 14            | 9                 | 0              | 56               | 606         | 146             | 1         | 124        | 20          | 521        | 8          | 842          | 0         |           |      | •    |     |              |         |           |     |          |           |       |              |
| Add Malt (Small)                        | 55                    | 6                   | 1             | 0                 | 0              | 0                | 40          | 12              | 0         | 9          | 1           | 0          | 0          | 24           | 0         |           |      | •    |     | •            |         |           |     |          |           | •     |              |
| Add Malt (Large)                        | 83                    | 9                   | 1             | 0                 | 0              | 0                | 60          | 18              | 0         | 14         | 2           | 0          | 0          | 37           | 0         |           |      | •    |     | •            |         |           |     |          |           | •     |              |