Portillo's
HOT DOGS · BEEF · BURGERS · SALADS

NUTRITION AND ALLERGEN INFORMATION

MENU ITEMS	NUTRITION															ALLERGENS										
PORTILLO'S SANDWICHES	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Bacon Burger	670	319	35	11	0	129	1416	43	1	5	41	186	2	90	4	●				●			●			●
Badger Brat	530	281	31	10	0	70	1692	38	1	8	22	0	6	100	2					●				●		●
Beef N Cheddar Croissant	670	349	39	21	0	96	1207	54	0	6	25	987	14	274	3			●	●	●						●
Big Beef Sandwich	790	258	29	10	0	42	2365	97	0	3	32	175	28	187	3				●	●			●			●
Breaded Chicken Club	740	309	34	7	0	105	2608	69	1	6	38	186	2	78	4	●				●			●			●
Breaded Chicken Croissant	680	396	44	11	0	72	1643	46	1	5	24	436	2	65	2	●		●		●			●			●
Breaded Chicken Sandwich	630	228	25	3	0	75	2158	69	1	6	30	186	2	78	4	●				●			●			●
Burger	570	238	26	8	0	99	1325	47	2	7	34	226	3	104	5	●				●			●			●
Char-Broiled Chicken Club	550	222	25	6	0	100	1319	45	1	5	33	186	2	72	3	●				●			●			●
Char-Broiled Chicken Croissant	430	207	23	8	0	87	653	27	0	4	26	436	2	45	2	●		●		●						●
Char-Broiled Chicken Sandwich	440	141	16	2	0	70	869	45	1	5	26	186	2	72	3	●				●			●			●
Char-Grilled Italian Sausage Sandwich	630	269	30	10	0	60	1820	58	0	2	28	228	0	144	2				●	●			●			●
Char-Grilled Maxwell Street Polish	570	354	39	13	0	88	1886	32	1	7	25	1	32	54	3					●						●
Chili Cheese Dog	500	266	30	14	0	73	1669	36	1	5	21	956	1	349	2			●		●			●			●
Combo Beef and Char-Grilled Sausage Sandwich	1070	469	52	18	0	97	3321	97	0	3	50	398	28	209	4				●	●			●			●
Combo Sandwich	740	346	38	14	0	74	2248	62	0	2	34	287	9	146	3				●	●			●			●
Double Bacon Burger	950	484	54	18	0	223	1942	43	1	5	68	186	2	114	7	●				●			●			●
Double Burger	900	453	50	15	0	198	1888	47	2	7	61	226	3	129	7	●				●			●			●
Grilled Portobello Sandwich	570	221	25	7	0	23	1292	66	6	7	21	529	3	260	2			●		●				●		●
Grilled Tuna Sandwich	600	250	28	8	0	80	1642	47	1	5	38	654	4	234	3	●		●		●			●			●
Hot Dog with Everything	340	134	15	5	0	30	1560	39	2	13	12	87	2	68	2					●				●		●
Italian Beef Sandwich	530	172	19	7	0	28	1577	65	0	2	21	117	19	125	2				●	●			●			●
Jumbo Chili Cheese Dog	610	356	40	18	0	98	2159	37	1	6	27	956	1	349	3			●		●			●			●
Jumbo Hot Dog with Everything	450	224	25	9	0	55	2050	40	2	14	18	87	2	68	3					●				●		●
Meatball Sandwich	1040	519	58	18	0	158	2076	81	2	8	50	707	15	563	3	●		●		●			●			●
Slice of American Cheese	90	63	7	5	0	20	380	2	0	0	4	400	0	150	0			●					●			
Vegetable Croissant	650	355	39	19	0	90	1688	53	1	7	17	1394	2	353	2	●		●		●			●			●

MENU ITEMS	NUTRITION															ALLERGENS										
BARNELLI'S SANDWICHES	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Buffalo Chicken Wrap	660	291	32	9	0	88	2622	54	5	4	38	5427	17	319	2	●		●					●	●		●
Cajun Chicken Caesar Pita	600	231	26	4	0	99	2497	46	5	2	44	3448	18	357	5	●	●	●		●			●	●		●
Chicken Caesar Pita	520	228	25	4	0	65	1525	40	3	1	30	2775	15	313	3	●	●	●		●			●	●		●
Chicken Caesar Wrap	770	418	46	7	0	49	1764	65	5	4	24	3817	19	274	2	●	●	●					●	●		●
Chicken Caprese Panini	640	269	30	10	0	104	1822	48	3	1	40	838	6	394	2	●		●		●						●
Chicken Cobb Wrap	950	506	56	21	0	223	2646	58	5	6	51	2872	19	425	3	●		●	●					●		●
Chicken Focaccia Sandwich	1040	511	57	16	0	124	2661	88	7	6	42	1027	2	408	4	●		●		●			●			●
Chicken Parmesan Sandwich	1080	479	53	20	0	144	2440	89	8	8	61	1020	6	842	4			●		●						●
Chicken Portabella Ciabatta	750	286	32	9	0	106	2146	69	4	3	45	382	2	312	2	●		●		●				●		●
Grilled Filet of Chicken Sandwich	670	384	43	7	0	91	1412	38	3	6	31	294	3	214	3	●		●		●			●	●		●
Grilled Tuna Sandwich	570	269	30	5	0	68	1685	39	4	5	34	256	12	89	3	●	●	●		●			●			●
Meatball Sandwich	1170	620	69	25	0	185	2634	81	3	7	56	1007	13	762	3	●		●		●			●			●
Turkey Florentine Panini	660	319	35	14	0	123	2365	53	4	4	33	2115	4	266	3	●		●		●						●

MENU ITEMS	NUTRITION															ALLERGENS										
SIDE ORDERS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Baked Potato	230	2	0	0	0	0	15	51	4	2	6	3	56	37	2											
Bowl of Chili with Cheese and Onions	420	243	27	13	0	75	740	21	4	7	24	2650	7	263	3			●								
Chicken Tenders, 4 Piece	340	147	16	3	0	60	961	24	0	0	24	0	2	0	1	●										●
Chicken Tenders, 6 Piece	510	221	25	5	0	90	1442	36	0	0	36	0	4	0	2	●										●
Chili Cheese Fries	450	239	27	10	0	23	1151	46	5	4	11	844	12	78	2			●								
Cole Slaw	180	108	12	2	0	13	316	16	3	12	2	2546	46	53	1	●										
French Fries, Small	380	179	20	8	0	9	111	47	5	0	5	0	15	0	2											
French Fries, Large	530	254	28	12	0	13	158	67	7	0	7	0	21	0	3											
Fresh Baked House Bread	480	14	2	0	0	0	1110	99	3	0	18	0	0	120	1					●						●
Fruit Cup, Spring and Summer	130	2	0	0	0	0	0	29	3	24	1	41	32	21	0											
Fruit Cup, Fall and Winter	40	2	0	0	0	0	0	9	2	6	0	26	23	9	0											
Lemon Poppyseed Muffin	280	144	16	3	0	35	310	32	0	16	4	0	0	60	1	●		●		●						●

MENU ITEMS	NUTRITION															ALLERGENS										
Meatball with Sauce and Cheese	390	269	30	11	0	83	644	11	1	3	19	406	7	215	1	●		●		●			●			●
Mostaccioli with Marinara Sauce	520	217	24	14	0	56	990	50	3	5	28	900	8	708	2			●		●						●
Mostaccioli with Meat Sauce	500	197	22	11	0	56	998	49	3	5	28	1144	14	663	2			●								●
Onion Rings	350	73	8	2	0	6	789	62	2	7	6	0	4	33	1			●								●
Side Garden Salad (no dressing)	170	74	8	3	0	13	256	16	2	3	7	2665	22	114	1			●		●						●
Side Greek Pasta Salad (no dressing)	480	223	25	6	0	17	849	51	5	3	13	589	8	65	3			●					●	●		●
Side of Meatballs	370	245	27	9	0	76	710	12	1	4	20	391	9	224	1	●		●		●			●			●
Spaghetti with Marinara Sauce	520	217	24	14	0	56	990	50	3	5	28	900	8	708	2			●		●						●
Spaghetti with Meat Sauce	500	197	22	11	0	56	998	49	3	5	28	1144	14	663	2			●								●
Tamale in Bowl of Chili	540	281	31	14	0	71	1348	43	4	3	22	1463	4	238	3			●								
Tamale	340	153	17	6	0	30	1020	36	3	1	11	500	1	20	3											

MENU ITEMS	NUTRITION															ALLERGENS										
EXTRAS & CONDIMENTS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Cup of Cheese Sauce	90	61	7	2	0	0	870	8	0	2	2	0	0	56	0			●								
Hot Peppers	50	41	5	1	0	0	100	2	0	1	0	500	12	0	0									●		
Side of Gravy	120	119	13	6	0	14	431	1	0	0	0	16	0	5	0				●							
Side of Sweet Peppers	40	36	4	1	0	0	304	2	1	1	0	127	25	7	0											
Slice of American Cheese	90	63	7	5	0	20	380	2	0	0	4	400	0	150	0			●					●			

MENU ITEMS	NUTRITION															ALLERGENS										
NUDIES	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Barnelli's Char-Broiled Chicken	110	12	1	0	0	50	270	3	0	1	20	18	2	14	1	●							●	●		●
Bratwurst	320	252	28	10	0	70	690	1	0	1	16	0	0	20	1											
Breaded Chicken	310	107	12	2	0	65	1680	26	0	1	23	0	0	13	2											●
Burger Patty	280	165	18	7	0	94	526	0	0	0	27	0	0	25	3											
Char-Grilled Italian Sausage	280	211	23	8	0	55	956	0	0	0	18	223	0	22	1											
Char-Grilled Polish Sausage	400	315	35	13	0	88	1450	3	0	3	20	0	30	0	2											

MENU ITEMS	NUTRITION															ALLERGENS										
Cup of Italian Beef	270	194	22	9	0	33	1000	7	0	0	11	122	19	6	1				●							
Flounder	180	61	7	1	0	30	540	17	0	0	13	100	1	20	1		●	●								●
Grilled Tuna	190	79	9	2	0	51	797	1	0	0	27	68	2	18	1		●	●					●			●
Hot Dog	150	108	12	5	0	30	480	2	0	1	7	0	0	0	1											
Jumbo Hot Dog	260	198	22	9	0	55	970	3	0	2	13	0	0	0	1											
Portillo's Char-Broiled Chicken	130	36	4	1	0	55	390	2	0	0	21	0	0	0	1											

MENU ITEMS	NUTRITION															ALLERGENS										
SOUPS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Beef Vegetable with Barley Soup	120	28	3	1	0	12	1149	17	5	4	6	3079	3	28	0					●			●	●		●
Broccoli Cheddar Soup	240	135	15	9	0	50	1600	14	3	4	11	1875	6	188	0			●					●			
Chicken Noodle Soup	90	20	2	1	0	28	552	8	1	1	10	1451	2	20	0	●		●					●			●
Clam Chowder	260	113	13	6	0	41	1151	27	0	7	10	311	3	208	1			●				●	●			●
Corn Chowder	200	77	9	3	0	6	950	28	2	6	2	614	7	3	0								●			
Cream of Chicken with Wild Rice Soup	240	95	11	2	0	35	1003	18	5	5	16	882	3	74	0			●					●			●
Minestrone Soup	210	31	3	1	0	5	1087	35	6	7	8	2813	13	62	2											●
Stuffed Green Pepper Soup	300	81	9	3	0	28	1456	44	2	6	11	486	21	104	3								●	●		●
Tomato Bisque	360	236	26	16	0	81	1300	21	4	9	11	2813	15	250	3			●								●

MENU ITEMS	NUTRITION															ALLERGENS										
SALADS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Apple Walnut Harvest Salad with Chicken (no dressing)	560	239	27	8	0	85	807	49	5	36	29	3299	15	179	2			●							●	
Apple Walnut Harvest Salad with Chicken	680	320	36	9	0	85	1267	57	5	44	29	3299	15	179	2			●						●	●	
Barnelli's Hot Grilled Chicken Caesar Salad (no dressing)	350	131	15	3	0	184	601	21	5	2	33	10350	43	173	4	●		●		●						●
Barnelli's Hot Grilled Chicken Caesar Salad	700	425	47	7	0	208	1045	22	4	5	42	10106	43	256	3	●	●	●		●			●	●		●
Chipotle BBQ Salad with Chicken (no dressing)	380	138	15	6	0	85	1046	28	3	7	29	3683	18	210	2			●					●	●		●
Chipotle BBQ Salad with Chicken	540	279	31	9	0	97	1556	33	4	9	30	3683	18	250	2	●		●	●				●	●		●
Chopped Salad (no dressing)	550	229	25	12	0	105	1348	37	6	8	40	6089	59	247	4			●								●
Chopped Salad	800	449	49	15	0	105	1862	45	7	14	40	6089	59	247	4			●						●		●
Classic Caesar Salad (no dressing)	230	106	12	3	0	218	299	16	4	3	13	10226	41	168	2	●		●		●						●

MENU ITEMS	NUTRITION															ALLERGENS										
Classic Caesar Salad	570	430	48	7	0	240	671	18	4	3	15	10226	41	248	3	●	●	●		●			●	●		●
Fresh Berry & Toasted Almond Salad (no dressing)	260	89	10	1	0	60	416	15	6	5	24	3031	38	76	3										●	
Fresh Berry & Toasted Almond Salad	380	170	19	2	0	60	876	23	6	13	24	3031	38	76	3									●	●	
Garbage Salad (no dressing)	430	289	32	12	0	65	1590	11	5	4	24	4598	40	404	2			●						●		
Garbage Salad	740	588	65	18	0	65	2007	14	5	7	24	4598	40	404	2			●						●		
Greek Chicken Salad (no dressing)	340	160	18	5	0	75	1129	15	7	6	29	9400	51	132	4			●						●		
Greek Chicken Salad	600	412	46	10	0	75	1569	15	7	6	29	9400	51	132	4			●					●	●		
Grilled Chicken Caesar Salad	880	588	65	9	0	228	1275	24	4	5	46	9420	42	294	4	●	●	●		●			●	●		●
Hot Grilled Tuna Caesar Salad (no dressing)	380	161	18	4	0	163	475	16	4	2	37	10148	42	174	3	●	●	●		●			●			●
Hot Grilled Tuna Caesar Salad	720	485	54	8	0	185	847	18	4	2	39	10148	42	254	3	●	●	●		●			●	●		●
Original Chicken Caesar Salad (no dressing)	300	102	11	3	0	171	659	18	4	2	29	10080	41	162	3	●		●		●						●
Original Chicken Caesar Salad	640	426	47	7	0	193	1031	20	4	2	31	10080	41	242	3	●	●	●		●			●	●		●
Portillo's Hot Grilled Chicken Caesar Salad (no	360	111	12	3	0	201	855	18	4	2	38	10080	41	166	3	●		●		●						●
Portillo's Hot Grilled Chicken Caesar Salad	700	435	48	7	0	223	1227	20	4	2	40	10080	41	246	4	●	●	●		●			●	●		●
Side Garden Salad (no dressing)	170	74	8	3	0	13	256	16	2	3	7	2665	22	114	1			●		●						●
Side Greek Pasta Salad (no dressing)	480	223	25	6	0	17	849	51	5	3	13	589	8	65	3			●					●	●		●
Tuscan Chicken and Bacon Salad (no dressing)	410	205	23	5	0	282	751	16	3	9	33	3960	22	58	2	●									●	
Tuscan Chicken and Bacon Salad	620	333	37	8	0	296	1285	35	3	26	33	4747	23	66	3	●								●	●	

MENU ITEMS	NUTRITION															ALLERGENS										
SALAD DRESSINGS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Caesar Dressing	340	324	36	4	0	22	372	2	0	0	2	0	0	80	0	●	●	●					●	●		●
Chipotle Ranch Dressing	170	140	16	3	0	12	510	5	0	2	1	0	0	40	0	●		●	●							
Garbage Vinaigrette	310	299	33	5	0	0	417	3	0	3	0	0	0	0	0									●		
Greek Vinaigrette	250	252	28	5	0	0	440	0	0	0	0	0	0	0	0			●					●	●		
Honey Mustard Dressing	230	54	6	0	0	0	310	42	0	40	2	0	0	40	1											
House Dressing	250	220	24	3	0	0	514	7	0	7	0	0	0	0	0									●		
Lite French Dressing	80	0	0	0	0	0	427	20	0	17	0	0	0	0	0								●			
Lite Honey Dijon Dressing	80	0	0	0	0	0	307	20	0	16	0	0	0	0	0								●	●		
Lite Italian Dressing	80	60	7	1	0	0	507	4	0	3	0	0	0	0	0											
Lite Ranch Dressing	150	132	15	3	0	13	493	3	0	1	1	0	0	27	0	●		●								
Ranch Dressing	260	234	26	8	0	18	424	4	0	0	2	0	0	40	0	●		●	●							
Raspberry Vinaigrette	120	81	9	1	0	0	460	8	0	8	0	0	0	0	0									●		

MENU ITEMS	NUTRITION															ALLERGENS										
PASTAS & RIBS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Baked Mostaccioli	1050	416	46	25	0	126	1846	106	7	13	55	2597	29	1101	5			●		●						●
Baked Mostaccioli (with Marinara Sauce)	1380	658	73	41	0	185	2698	108	7	12	78	2943	21	1984	5			●		●						●
Baked Mostaccioli (with Meat Sauce)	1330	605	67	35	0	186	2720	105	7	13	80	3591	36	1865	5			●								●
Chicken Al Diavolo	2010	1127	125	55	0	408	1456	153	10	6	69	5572	11	327	10	●		●								●
Chicken Parmesan	1310	558	62	30	0	193	2281	110	5	2	82	1271	0	1427	5			●								●
Chicken Parmesan with Marinara Sauce	1690	797	89	44	0	241	3282	132	9	15	97	2909	27	1893	7			●		●						●
Chicken Parmesan with Meat Sauce	1630	730	81	37	0	242	3309	129	9	16	99	3720	45	1744	7			●								●
Chicken Siciliano	1490	758	84	37	0	202	4804	122	8	7	63	2114	64	333	7			●								●
Double Stuffed Cheese Ravioli (with Marinera Sauce)	950	394	44	24	0	201	1659	95	7	10	46	2257	22	932	6	●		●		●						●
Double Stuffed Cheese Ravioli (with Meat Sauce)	910	347	39	19	0	202	1678	92	7	12	47	2825	35	828	7	●		●		●						●
Fettuccine Alfredo	2410	1503	167	97	0	598	2514	140	7	4	97	4907	0	2323	7	●		●								●
Fettuccine Alfredo (with Chicken)	2590	1523	169	98	0	681	2964	145	7	7	130	4936	3	2346	8	●		●					●	●		●
Fettuccine Alfredo (with Veggies)	2450	1505	167	97	0	598	2578	148	9	7	99	10032	34	2354	7	●		●								●
Fettuccine Carbonara	2230	1413	157	65	0	441	3176	123	9	9	84	2540	11	297	9	●		●								●
Lasagna (with Marinara Sauce)	1180	384	43	23	0	160	1567	148	10	16	50	2376	30	919	7	●		●		●						●
Lasagna (with Meat Sauce)	1110	318	35	16	0	161	1594	145	9	17	52	3186	49	770	8	●		●								●
Mostaccioli, Dinner	760	103	11	5	0	21	446	137	6	3	32	213	0	321	6			●								●
Mostaccioli, Dinner (with Marinara Sauce)	1160	353	39	20	0	73	1419	164	11	18	43	2107	32	591	7			●		●						●
Mostaccioli, Dinner (with Meat Sauce)	1080	273	30	12	0	74	1451	160	11	20	45	3080	54	413	8			●								●
Mostaccioli, Lunch	510	92	10	5	0	21	413	84	4	2	23	213	0	320	4			●								●
Mostaccioli, Lunch (with Marinara Sauce)	780	258	29	15	0	56	1062	102	7	12	30	1476	21	501	5			●		●						●
Mostaccioli, Lunch (with Meat Sauce)	720	204	23	9	0	57	1083	100	7	13	32	2125	36	382	5			●								●
Oven Baked Spaghetti (with Marinara Sauce)	960	372	41	22	0	86	1586	107	8	14	41	2244	30	870	5			●		●						●
Oven Baked Spaghetti (with Meat Sauce)	890	305	34	15	0	87	1612	104	8	16	43	3055	49	721	6			●								●
Peasant Pasta	2160	1122	125	47	0	265	3634	165	13	5	95	2621	13	171	10			●						●		●
Penne al Arrabbiata	1230	572	64	23	0	67	1719	131	10	15	37	2074	30	611	6			●		●						●
Penne al Arrabbiata (with Chicken)	1400	599	67	23	0	149	2351	131	10	15	70	2108	32	628	7			●		●						●
Penne al Arrabbiata (with Chicken and Sausage)	1690	811	90	32	0	204	3308	131	10	15	88	2331	32	650	8			●		●						●
Pesto Chicken and Mushrooms	2000	1109	123	50	0	381	1735	152	9	6	72	2909	8	391	8	●		●		●						●
Ravioli	820	276	31	15	0	175	1457	94	7	12	40	1977	26	679	6	●		●		●						●
Rigatoni Ala Vodka	2140	1160	129	75	0	365	1521	192	10	9	53	4525	17	707	9			●		●						●
Spaghetti, Dinner	760	103	11	5	0	21	446	137	6	3	32	213	0	321	6			●								●
Spaghetti, Dinner (with Marinara Sauce)	1160	353	39	20	0	73	1419	164	11	18	43	2107	32	591	7			●		●						●

MENU ITEMS	NUTRITION															ALLERGENS										
Spaghetti, Dinner (with Meat Sauce)	1080	273	30	12	0	74	1451	160	11	20	45	3080	54	413	8			●								●
Spaghetti, Lunch	510	92	10	5	0	21	413	84	4	2	23	213	0	320	4			●								●
Spaghetti, Lunch (with Marinara Sauce)	780	258	29	15	0	56	1062	102	7	12	30	1476	21	501	5			●		●						●
Spaghetti, Lunch (with Meat Sauce)	720	204	23	9	0	57	1083	100	7	13	32	2125	36	382	5			●								●
Ribs, Full Slab	1020	542	60	22	0	194	3884	78	0	70	39	27	0	79	2								●	●		●
Ribs, Half Slab	510	271	30	11	0	97	1942	39	0	35	19	13	0	39	1								●	●		●

MENU ITEMS	NUTRITION															ALLERGENS										
DRINKS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Banana Smoothie	490	0	0	0	0	0	174	115	0	103	6	0	0	226	0			●								
Chocolate Cake Shake (Small)	850	229	25	10	0	89	741	138	2	114	13	346	3	465	3	●		●					●			●
Chocolate Cake Shake (Large)	1490	425	47	18	0	163	1329	240	5	197	21	550	5	720	5	●		●					●			●
Chocolate Malt (Small)	600	86	10	6	0	37	445	114	1	96	14	353	4	547	0			●		●			●			●
Chocolate Malt (Large)	970	137	15	9	0	59	717	186	1	157	22	564	6	873	1			●		●			●			●
Chocolate Shake (Small)	540	80	9	6	0	37	405	102	1	87	13	353	4	523	0			●					●			
Chocolate Shake (Large)	890	128	14	9	0	59	657	168	1	143	20	564	6	836	1			●					●			
Coffee	0	0	0	0	0	0	5	0	0	0	0	0	0	5	0											
Coke (Small)	150	0	0	0	0	0	9	41	0	41	0	0	0	0	0											
Coke (Large)	240	0	0	0	0	0	14	65	0	65	0	0	0	0	0											
Diet Coke (Small)	0	0	0	0	0	0	15	0	0	0	0	0	0	0	0											
Diet Coke (Large)	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0											
Frozen Strawberry Lemonade	300	0	0	0	0	0	14	77	1	69	0	5	62	18	0											
Hi-C Flashin Fruit Punch (Small)	160	0	0	0	0	0	13	42	0	42	0	0	0	0	0											
Hi-C Flashin Fruit Punch (Large)	250	0	0	0	0	0	22	67	0	67	0	0	0	0	0											
Hot Chocolate	140	5	1	0	0	0	282	33	1	31	1	0	0	57	1			●					●			
Iced Tea (Small)	0	0	0	0	0	0	8	0	0	0	0	0	0	8	0											
Iced Tea (Large)	0	0	0	0	0	0	12	0	0	0	0	0	0	12	0											
Mango Smoothie	500	0	0	0	0	0	183	118	0	106	6	0	0	226	0			●								
Milk (Carton)	120	45	5	4	0	25	120	11	0	11	8	500	1	300	0			●								
Minute Maid Lemonade (Small)	150	0	0	0	0	0	61	39	0	39	0	0	0	0	0											
Minute Maid Lemonade (Large)	230	0	0	0	0	0	98	62	0	62	0	0	0	0	0											
Pomegranate Berry Smoothie	470	0	0	0	0	0	174	113	0	101	6	0	0	226	0			●								
Pomegranate Limeade	150	0	0	0	0	0	0	38	0	34	0	0	0	0	0											

MENU ITEMS	NUTRITION															ALLERGENS										
Premium Lemonade (Odwalla)	140	0	0	0	0	0	0	34	0	34	0	0	0	0	0											
Root Beer (Small)	170	0	0	0	0	0	36	45	0	45	0	0	0	0	0											
Root Beer (Large)	270	0	0	0	0	0	58	72	0	72	0	0	0	0	0											
Sprite (Small)	150	0	0	0	0	0	33	39	0	39	0	0	0	0	0											
Sprite (Large)	230	0	0	0	0	0	53	62	0	62	0	0	0	0	0											
Strawberry Banana Smoothie	480	0	0	0	0	0	174	114	0	101	6	0	0	226	0			●								
Strawberry Malt (Small)	600	86	10	6	0	37	422	114	1	97	14	353	7	547	0			●		●						●
Strawberry Malt (Large)	970	137	15	9	0	59	672	185	1	158	22	564	13	873	0			●		●						●
Strawberry Shake (Small)	540	80	9	6	0	37	382	102	1	87	13	353	7	523	0			●								
Strawberry Shake (Large)	890	128	14	9	0	59	612	167	1	144	20	564	13	836	0			●								
Strawberry Smoothie	480	0	0	0	0	0	174	113	0	99	6	0	0	226	0			●								
Sweet Tea (Small)	120	0	0	0	0	0	0	32	0	32	0	0	0	0	0											
Sweet Tea (Large)	190	0	0	0	0	0	0	50	0	50	0	0	0	0	0											
Vanilla Malt (Small)	550	86	10	6	0	37	422	103	1	86	14	353	4	547	0			●		●						●
Vanilla Malt (Large)	880	137	15	9	0	59	672	164	1	137	22	564	6	873	0			●		●						●
Vanilla Shake (Small)	500	80	9	6	0	37	382	91	1	77	13	353	4	523	0			●								
Vanilla Shake (Large)	800	128	14	9	0	59	612	146	1	123	20	564	6	836	0			●								
vitaminwater, xxx (20 oz bottle)	100	0	0	0	0	0	0	26	0	26	0	1000	120	0	0											

MENU ITEMS	NUTRITION															ALLERGENS										
HOMEMADE DESSERTS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Chocolate Eclair Cake	520	159	18	7	0	17	512	83	4	51	6	176	1	260	1			●					●			●
Lemon Cake	700	258	29	11	0	74	573	103	1	75	5	85	0	81	1	●		●					●			●
Portillo's Famous Chocolate Cake	720	329	37	11	0	119	780	86	4	64	6	127	0	93	4	●		●					●			●
Strawberry Shortcake	480	178	20	12	0	66	311	73	2	62	3	654	44	57	0	●		●					●			●

MENU ITEMS	NUTRITION															ALLERGENS										
PORTILLO'S BOWLS	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Chicago Combo Bowl	380	238	26	8	0	68	1353	6	0	0	29	323	19	22	2											
Classic Beef Bowl	220	100	11	5	0	38	736	9	0	0	21	338	26	150	1			●								
Italiano Bowl	550	345	38	14	0	113	1180	15	1	2	36	568	23	373	2	●		●		●			●			●

MENU ITEMS	NUTRITION															ALLERGENS										
LIMITED TIME ONLY	TOTAL CALORIES (KCAL)	FAT CALORIES (KCAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (MG)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBS (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VIT A (IU)	VIT C (MG)	CALCIUM (MG)	IRON (MG)	EGG	FISH	MILK	MSG	OTHER GLUTEN	PEANUTS	SHELLFISH	SOY	SULFITES	TREE NUTS	WHEAT
Big Pepper and Egg Sandwich	1060	490	54	11	0	815	2292	95	2	8	41	1587	90	316	5	●				●			●			●
Gyro Sandwich	810	456	51	21	0	92	1558	56	4	4	30	158	3	228	6			●		●			●	●		●
Pepper and Egg Croissant	660	326	36	15	0	588	1183	53	1	9	28	1458	60	161	5	●		●		●			●			●
Pepper and Egg Sandwich	710	326	36	8	0	543	1528	63	1	5	28	1058	60	211	3	●				●			●			●
Pita Bread, 1 Piece	230	45	5	1	0	0	370	38	2	0	7	0	0	150	3					●				●		●
Salted Caramel Shake	980	128	14	9	0	59	1212	192	1	169	20	564	6	836	0			●								
Side of Gyro Meat	310	225	25	10	0	55	670	8	1	1	13	0	0	20	2					●			●			●
Side of Tzatziki Sauce	50	36	4	4	0	0	70	2	0	1	1	0	0	40	0			●								
Tuna Salad Bowl	270	191	21	3	0	87	723	4	1	3	17	296	3	14	1	●	●							●		
Tuna Salad Croissant	660	335	37	13	0	132	1508	53	2	9	27	777	3	103	3	●	●	●		●				●		●
Tuna Salad Sandwich	550	245	27	3	0	87	1511	51	7	6	24	226	9	32	3	●	●			●				●		●